

Executive Director

Oceania Hospitals Pte Ltd

Merry Christmas and wishing each one of you a prosperous and rewarding New Year!

The holiday season gives us all a time to reflect on the past year. I am personally thankful to have had the opportunity, as the Executive Director of Oceania Hospitals, to be part of an organization that works to improve the health of the members of our community.

Our Hospital exists to provide the safest, highest quality health care and the best experience possible to our patients. This is what we strive for everyday and I sincerely hope that we have accomplished this in 2019.

This year has been transitional and we have exited all previous names to become Oceania Hospitals. We have engaged with all teams in the Hospital to work towards a strategic plan for the next 3-5 years. I commend all of our Team members for their contribution in the planning session.

We also acknowledge our personnel, in the nursing and clinical, area from India that are with us to complement our services and also train and develop our people. No doubt the core strength of our Hospital are our people and our Independent Practitioners.

Looking ahead, our Hospital is poised to continue to improve our service offerings and maintain our high quality service, safety and positive experience towards our customers and generally all our stakeholders. In order to sustain this commitment to you, we will continue to be innovative that will help us ensure our care will continue to improve, well into the future. We are excited about the future with our new addition of our in-house Pharmacy at our Hospital. The future of Oceania Hospitals remains positive and will surely impact all our patients and the communities we serve in for almost 20 years well.

I, again, would like to take this opportunity to extend my warmest wishes to you and your family for a safe, healthy and happy holiday season and a wonderful New Year.





Measles is not new to Fiji. It claimed the lives of one third (around 40,000) of the Itaukei population back in in 1874.

This part of our history has shaped the development of our health care system. The Government has made real commitments to improve the immunization coverage in the country through the Public Health Sector of the Ministry of Health.

Overview - Measles

Measles is a highly contagious viral disease and still is remain an important cause of death among young children globally ,despite the availability of safe and effective vaccine.(WHO)

Measles is transmitted via droplets from the nose, mouth or throat of infected persons. Initial symptoms, which usually appear 10–12 days after infection, include high fever, a runny nose, bloodshot eyes, and tiny white spots on the inside of the mouth. Several days later, a rash develops, starting on the face and upper neck and gradually spreading downwards. (WHO)

Severe measles infection is more likely among poorly nourished young kids esp. those with Vitamin A deficiency or immune deficiency by HIV /AIDs. The most severe complication is blindness encephalitis, severe diarrhea and related dehydration and severe respiratory infection like pneumonia

Situational Overview of current Outbreak

Measles outbreak has been declared in Fiji 7th November 2019. Based on administrative data,

Fiji has high measles coverage of 81% for the

first dose and 95% for the second dose in 2018. Two of the first confirmed four cases were

Children (one 4 months old and one 6 years old) and all cases were concentrated in the Namosi/Serua subdivision, west of the capital of Suva in the main island of Viti Levu. Mass vaccinations are continuing in the area as line listing and contact tracing of confirmed and suspected cases are being pursued. Fiji declared to date that there were 18 cases from the central division.



Regional Up date from 1st January to 6th December - **New Zealand** total of 2149 confirm cases and 1711 confirm case are from the Auckland region

Samoa declared an outbreak on the 16th October and declared a state of Emergency and shut down of government December. As of 9th December 4693 measles cases ,70 measles related deaths of which 61 death s were under at the age of 4 years.

Tonga declared outbreak of Measles in October and as of December 2nd they have over 440 confirm cases

American Samoa declared that the U.S. has an outbreak of Measles on Friday December the 6th and have 9 recorded cases

By: Dr. John Alfred

Clinical Coordinator

A DAY IN THE LIFE OF - DR. SIVASELVAM SIVAKUMAR





Kanchipuram or Kanchi, the famous sari hub of the country of India, is just 83 kilometers from Chennai. Apart from the silk weavers, the temple town as its commonly known is considered one of the holiest destinations.

This is the hometown of Dr Sivaselvam, OHPL Medical Director and Histopathologist.

Dr Siva as he likes to be called is the Second eldest out of 4 siblings. Attended Stanley Medical Collage, graduated with MBBS in 1991 and later attended Madras Medical College in 1998 and graduated with a Post Graduate in Pathology.

Tamil was his mother tongue. Tamil was originally written with a version of the Brahmi script known as Tamil Brahmi. Dr. Siva has travelled and worked around India, Malaysia, Singapore, Saudi Arabia, USA and Scotland.

Happily married with 2 children, his eldest son 21 years, is now following his career footsteps into studying Medicine while his youngest daughter is in Year 8 at a local school here in Suva. Not to be left out in the health career pathway, Dr. Siva's wife is a Psychiatric Nurse by profession and has worked extensively in various State and Central hospitals around India.



Thousands of miles away from his hometown, his small family of three are now enjoying the relaxed Fiji way of living.

1. Who inspires you the Most?

My Father and Late Grandfather - My father was an English Scholar, a dedicated teacher who taught me discipline, good values and ethics. I am what I am today because of him and his teachings. My Grandfather has also been and will always be an inspiration. He was a Tamil Scholar and a Homeopathy Doctor. For those not familiar with this field - Homeopathy is a medical practice guided by the belief that the body can heal without traditional itself medical intervention, using traditional remedies

for cure. He also taught from the Tamil Veda.

2. What has been your favorite thing about Fiji since you've started living here?

"The Local Municipal Market - the array of fresh vegetables and the vibrant color reminds me a lot about home, and there is so much similarity. I also enjoy

walking and jogging along Nasese seaside and around Albert Park".

3. What is your most cherished Family Tradition?

Two festivals Deepawali & Pongal, also referred to as Ponkal is a multi-day Hindu harvest festival of South India, particularly in the Tamil community.

4. What would be your message to inspiring future Histopathologist?

I've always been fascinated by the Diagnostic field/histopathology. It's a very challenging and tough field, but more so interesting.

Histopathology diagnosis is the final diagnosis in majority of cases.



From routine Histopathology the scene has progressed to Molecular pathology. To those who are interested becoming a Histopathologist, understanding importance and seriousness of the profession is a must. I encourage young Doctors to pursue the basic histopathology and too specialize in one system. And if possible to progress further into Molecular pathology.

5. Lastly, what is your New Year Resolution for 2020?

"Service to Human is Service to God" Therefore I would try by all possible means to contribute to the healthcare system of this country in order to improve public health.

Christmas Message

"As a valued employee, we would like to extend our thanks and sincere appreciation for your outstanding service to our organization".

"At this special time of year, we want to take a moment to thank you for your dedication to our organization".

Interviewer: Kelera Cagica (Team Leader CSO)



The Year 2019 has brought about a lot of changes. The Biggest being the transition to Oceania Hospitals PTE Ltd. Oceania Hospitals is going to be better and bigger in the Future. We have said goodbyes, welcome on board, congratulations, happy retirement to a few on our workmates.



Maria Vatunilagi wed Suliasi \ Nitesh Pillay wed Charan Kaur ra

Maria was also the Winner for the OHPL | petition.





Priya Reddy wed Manish Reddy

Litiana Silomea wed Joseph Joe Silomea



. David Qumivutia re Loco

ote Rabukawaqa

ri Gasaukula

- Mr. Virimi
- Dr. Grace
- Iriya Dhanji
- Raijeli Bai



- Farzana Bano
- Bronwyn Turagaca
- Rachel Mcgoon

- Adi Mere
- Reijeli Naulivou
- Anshu Chand

